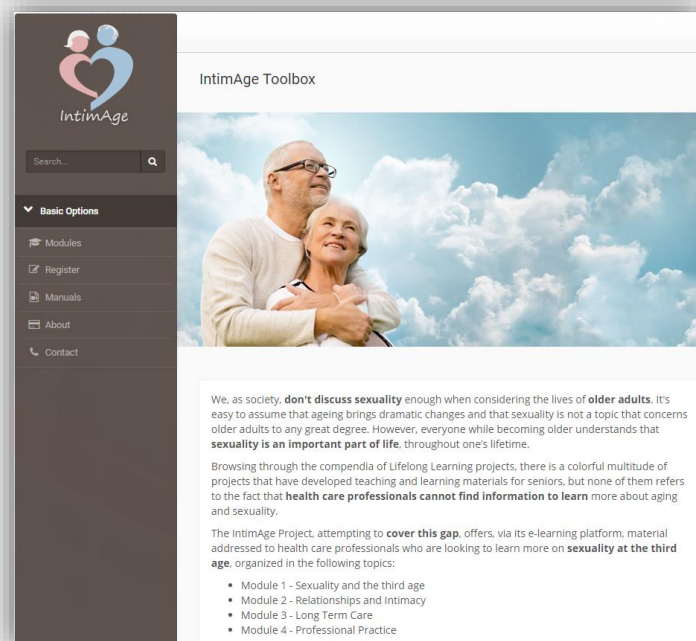


How to use the IntimAge online toolbox

How to find the online toolbox

Since you are reading these short guidelines, it means that you have already visited the IntimAge online toolbox (elearning platform). However, you may also find the platform through the Intimage project website (<http://intimage.eu>) or directly through the link within the online toolbox (<http://etraining.intimage.gunet.gr>).



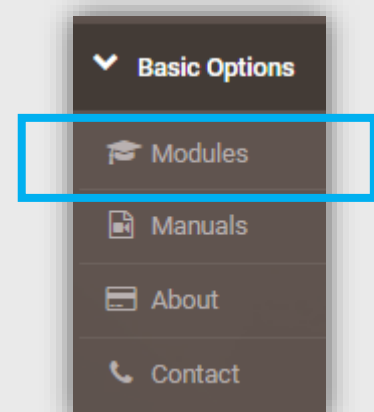
What you can do from here

You may download one of the followings:

1. **“How to use the online toolbox”** (this manual)
2. **“How to use the training material”** (short trainer’s manual)
3. **“The IntimAge Guidelines”** (extensive guidelines on the provided material)

Finally,

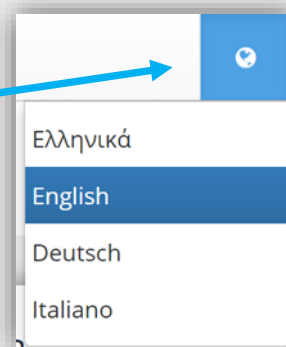
4. You may follow the link **“Modules”** on the left vertical menu **visit one of the available modules**



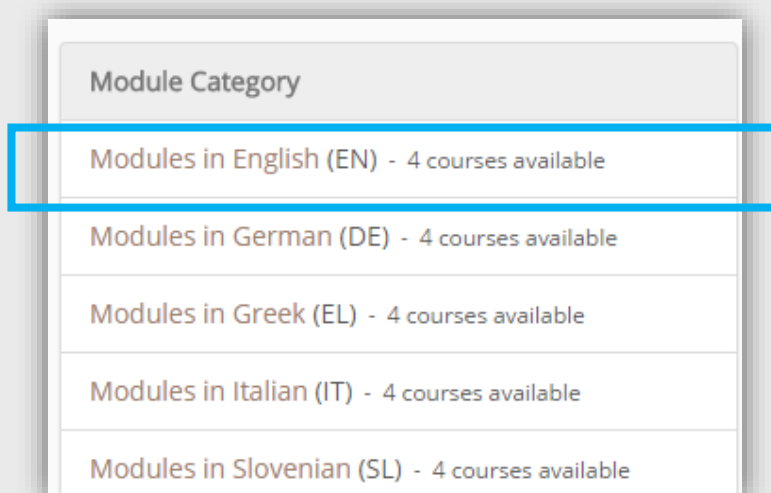
to

Choose the module

Step 1: First, **choose the correct language for you**, on the upper right corner by clicking on the earth-sphere button.



Step 2: By clicking on the “Modules”, the following menu will appear. **Choose to attend the modules in the language you prefer.** All the modules available in the language you choose will appear.



Step 3: Choose the module you want to study.

